

Anna Leythorne Dean, MBACP (Accred)
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Confidentiality statement

As a BACP registered and accredited counsellor I protect the confidentiality of communication I have with my clients. It is important that you have full confidentiality at all times even in the community. Because I live and work in the Haywards Heath area it is possible that I will see you outside of my work office in the community. If this happens I will respect your right to confidentiality by not saying hello unless you approach me first. Feel free to talk to me about this in session if you have any other questions or concerns.

There are some limits to confidentiality that you should be aware of:

1. I am required by law to take protective actions if a client poses a serious risk to themselves or others (risk includes, planned suicide, serious risk and harm to self, domestic abuse, child abuse and terrorism, under the terrorism Act 2000).
2. If I hear information that any person, including a vulnerable person such as a child, older person, or person with a disability is being abused, or at serious risk of harm, then I must report that to the appropriate agency. I would endeavor to discuss this with you first, unless to do so would put you or the person/child at further risk.
3. If I receive a court order, I may be required to release some information. If this were to happen I would consult with other professionals and make every effort to release the minimum amount of information required by law.
4. If you are under 18 your parents/guardians have the right to information regarding counselling. However, in order for counselling to be effective, the child must have assurance of confidentiality. Because of this it is my policy to ask parents to agree that information will be shared only with the child's permission, except in situations where the child's safety is acutely at stake.

Supervision

All counsellors and therapists are required to attend monthly supervision with another therapist who is qualified in supervision (a supervisor), and who adheres to the same ethics and confidentiality requirements as all counsellors.

The supervision process is to ensure the highest standards in my practice. It is about how I work with you. In order to protect your privacy, my supervisor will not know you personally or professionally. I will refer to you only by your first name, and I may refer

to your information verbally when it's helpful to my professional practice and to how I can best support you. None of the content of these conversations are recorded, though I may make paper notes for my own use.

Social Media

Please do not attempt to connect with me on social media sites. Because of the nature of confidentiality and our professional relationship, I will not be able to be able to be involved with you on these types of sites.